



**Canolfan Ganser Felindre  
Velindre Cancer Centre**

## Bereavement Services in South East Wales

### Cardiff and Vale University Health Board

**City Hospice:** Bereavement services are available for families. These include face to face counselling with qualified counsellors. Bereavement groups are also held at the hospice where families can share their experiences and support one another. Coffee mornings are also held on the second Wednesday of each month.

#### Contacts for City Hospice:

General Enquiries: **02920 524 150**  
Clinical Services: **02920 524 158**  
Out of Hours Clinical Services: **0845 074 3003**  
Website: **[www.cityhospice.org.uk](http://www.cityhospice.org.uk)**

**Marie Curie Hospice:** Bereavement services are available for family and friends of people who have received hospice care. How much support a hospice is able to give will depend on their resources.

#### Contacts for Marie Curie:

General Enquiries: **02920 426000**  
Website: **[www.mariecurie.org.uk/help/hospice-care/cardiff](http://www.mariecurie.org.uk/help/hospice-care/cardiff)**

**Maggie's Cardiff:** Bereavement services available for families, these include face to face counselling or bereavement groups.

#### Contacts for Maggie's Cardiff:

General Enquiries: **02922 408024**  
Website: **<https://www.maggies.org/our-centres/maggies-cardiff>**



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**Cruse Cardiff and Vale** : Bereavement support information line: Tel: 02920 226166 Open Wednesdays 10.00am – 12 noon, Email: [cardiff@cruse.org.uk](mailto:cardiff@cruse.org.uk), National helpline: 0808 808 1677

## Aneurin Bevan University Health Board

- Caerphilly: St David's Foundation, St Davids's Foundation Unicorn Project for children and young people, Maggie's Cardiff
- Blaenau Gwent: Hospice of the Valleys, Maggies, Cardiff
- Monmouthshire: St David's Foundation, St David's Foundation Unicorn Project for children and young people, Maggies Cardiff
- Newport: St David's Foundation, St david's Foundation Unicorn Project for children and young people, Maggies Cardiff
- Torfaen: Maggies Cardiff

**Cruse Gwent:** Bereavement support information line Tel: 01633 251982, Email: [gwent@cruse.org.uk](mailto:gwent@cruse.org.uk)

**St David's Foundation:** Bereavement services at St David's Foundation include confidential support to families and carers of patients for whom St David's Foundation have cared for this includes as an individual or a group basis.

### Contacts for St David's Foundation:

General Enquiries: **01633 851051**

Website: **[stdavidshospicecare.org](http://stdavidshospicecare.org)**

**Unicorn Project:** Bereavement support to children and young people who have an important adult in their lives who is a patient of St David's Hospice Care. The Unicorn Project offers support to young people who are struggling to cope with their grief.

### Contacts for The Unicorn Project:

General Enquiries: **01633 851051**

Website: **[stdavidshospicecare.org](http://stdavidshospicecare.org)**

- **Hospice of the Valleys:** The Family Support Team offer Support for adults and for children and young people within the family
- Small groups, providing the opportunity for you to share feelings and experiences with others who are bereaved
- Telephone support
- Written information about the experience of bereavement
- Advice and guidance about sources of help for support with financial worries and paperwork that can follow bereavement

**Contacts for Hospice of the Valleys:**

General Enquiries: **01495 717277**

Website: **[www.hospiceofthevalleys.org.uk](http://www.hospiceofthevalleys.org.uk)**

**Maggie's Cardiff:** Bereavement services available for families, these include face to face counselling or bereavement groups.

**Contacts for Maggie's Cardiff:**

General Enquiries: **02922 408024**

Website: **[www.maggies.org/our-centres/maggies-cardiff](http://www.maggies.org/our-centres/maggies-cardiff)**

## Cwm Taff University Health Board

- Rhondda Cynon Taff: Rowan Tree Cancer Care (only covers Mountain Ash and close proximity), Maggie's Cardiff
- Merthyr Tydfil: Cancer Aid Merthyr, Maggie's Cardiff
- Bridgend: Cancer Information and Support Service (CISS), Maggies Cardiff or Swansea, Cruse Morgannwg



**Rowan Tree Cancer Care:** Bereavement services are available to families, which includes counselling, art therapy, reflexology and aromatherapy.

**Contacts for Rowan Tree Cancer Care:**

General Enquiries: **01443 479369**

Website: **[www.rowantreecancercare.co.uk](http://www.rowantreecancercare.co.uk)**

**Cancer Aid Merthyr:** Bereavement services are available for families, which includes counselling and group sessions.

**Contacts for Cancer Aid Merthyr:**

General Enquiries: **01685 379633**

Website: **[www.canceraidmerthyr.co.uk](http://www.canceraidmerthyr.co.uk)**

**Maggie's Cardiff:** Bereavement services available for families, these include face to face counselling or bereavement groups.

**Contacts for Maggie's Cardiff:**

General Enquiries: **02922 408024**

Website: **[www.maggies.org/our-centres/maggies-cardiff](http://www.maggies.org/our-centres/maggies-cardiff)**

**Maggie's Swansea:** Bereavement services available for families, these include face to face counselling or bereavement groups.

**Contacts for Maggie's Swansea:**

General Enquiries: **01792 200000**

Website: **[www.maggies.org/our-centres/maggies-swanea](http://www.maggies.org/our-centres/maggies-swanea)**

**Cruse Merthyr Tydfil and Rhondda Cynon Taff:** Tel: 01685 876020 Email: [merthyr.rct@cruse.org.uk](mailto:merthyr.rct@cruse.org.uk)



Cruse Morgannwg: Covers Swansea, Neath, Port Talbot and Bridgend. Tel: 01792 462845  
Email: [morgannwg@cruse.org.uk](mailto:morgannwg@cruse.org.uk)

## Swansea Bay University Health Board

- Swansea: Maggie's Swansea, Cruse Morgannwg, Cancer Information and Support Service (CISS)
- Neath Port Talbot: Maggie's Swansea, Cruse Morgannwg, Cancer Information and Support Service (CISS)

**Maggie's Swansea:** Bereavement services available for families, these include face to face counselling or bereavement groups.

### Contacts for Maggie's Swansea:

General Enquiries: **01792 200000**

Website: [www.maggies.org/our-centres/maggies-swansea](http://www.maggies.org/our-centres/maggies-swansea)

**Cancer Information and Support Service (CISS):** Bereavement counselling support is available at CISS's Centre's and via their outreach services, which is available across the community.

### Contacts for CISS:

General Enquiries: **01792 655025**

Website: [www.cancersupport.wales](http://www.cancersupport.wales)

**Cruse Morgannwg:** Covers Swansea, Neath, Port Talbot and Bridgend. Tel: 01792 462845  
Email: [morgannwg@cruse.org.uk](mailto:morgannwg@cruse.org.uk)

## Covid Resources

**National Covid NHS Bereavement helpline:** 8am -8pm tel: 0800 2600 400 A new Bereavement Helpline has been introduced by the NHS to support bereaved families during the Coronavirus outbreak. The new helpline

is not a counselling service but will be available to offer support, guidance and advice on dealing with grief and loss. The helpline will be staffed by NHS Blood and Transplant registered nurses who are highly skilled and experienced in working with bereaved people. During the Coronavirus outbreak there has been an increase in bereaved families, as well as significant changes to palliative care and end of life services, which will affect all deaths, both Covid-19 and non Covid-19 related. This is a bereavement helpline to offer guidance, support and advice to those dealing with loss at this difficult time. <https://www.thegoodgrieftrust.org/need-know-info/coronavirus-bereavement-advice/>

**AtaLoss:** This charity offers on line support. providing the UK's signposting website for the bereaved, directing the bereaved and those supporting them to information and services appropriate to their loss; promoting and encouraging the bereavement support that exists; plugging gaps in bereavement support where it is scarce. <https://www.ataloss.org/Pages/FAQs/Category/coronavirus-pandemic>

**Child bereavement UK:** Coronavirus is having an impact on everyone, including individuals and families facing bereavement, professionals who work with families, and our supporters. This page brings together guidance and information to help support you at this difficult time. You will also find updated information about Child Bereavement UK's current services, training and events.

Helpline: 0800 02 888 40 Monday – Friday, 9am – 5pm (except Bank Holidays). , Live Chat via website, and email support@childbereavementuk.org <https://www.childbereavementuk.org/pages/category/coronavirus>

**Velindre Cancer Centre** has produced a leaflet to provide advice on bereavement procedures during Covid 19 and where to find support

## Resources

**Good Grief Trust** An online search engine, that provides links to bereavement support organisations <https://www.thegoodgrieftrust.org/>

**Macmillan:** <https://www.macmillan.org.uk/cancer-information-and-support/supporting-someone/coping-with-bereavement>  
<https://www.macmillan.org.uk/cancer-information-and-support/supporting-someone/coping-with-bereavement/support-with-grief>  
[https://community.macmillan.org.uk/cancer\\_experiences/bereaved\\_friends/](https://community.macmillan.org.uk/cancer_experiences/bereaved_friends/)

**Winstons Wish** – Support for grieving children Freephone National Helpline 08088 020 021 and offers therapeutic advice following a bereavement. The Helpline provides bereavement support for parents, carers and professionals who are looking for childhood bereavement advice and support. [www.winstonswish.org](http://www.winstonswish.org)



**Child Bereavement UK** [www.childbereavement.org](http://www.childbereavement.org) Child Bereavement UK supports families when a baby or child of any age dies or is dying, and when a child is facing bereavement. Tel: 0800 028 8840

**2 Wish Upon A Star:** This is a charity for families who have lost a child or young adult under 25. Tel: 01443 853125 Mon–Fri, 9.30am–4.30pm <https://www.2wishuponastar.org/>

**AtaLoss:** This charity offers on line support. providing the UK's signposting website for the bereaved, directing the bereaved and those supporting them to information and services appropriate to their loss; promoting and encouraging the bereavement support that exists; plugging gaps in bereavement support where it is scarce. <https://www.ataloss.org/>

**Care For the Family:** This charity offers on line support. **Tel:** 029 2081 0800 Monday 10:00 to 17:00, Tuesday – Thursday 9:00 to 17:00, Friday – 9:00 to 16:30 <https://www.careforthefamily.org.uk/family-life/bereavement-support>

