

Date: 11<sup>th</sup> May 2026  
Ref: CORP 26/27 - 015

Dear xxx

**Freedom of Information request: Junior Doctor Sick Days (CORP 26/27 – 015)**

Thank you for your request for information which the Trust received on 27<sup>th</sup> April 2026.

Your Request:

*Please include the following information for the following years 2022/23, 2023/24, 2024/25, 2025/26*

- Total number of sick days taken by resident doctors
- Total number of resident doctors that took sick days
- Total number of sick days taken by resident doctors for mental health reasons
- Total number of resident doctors that took sick days due to mental health

Please find the Trust's response below:

• **Total number of sick days taken by resident doctors**

|                           | 2022-2023 | 2023-2024 | 2024-2025 | 2025-2026 | Grand Total |
|---------------------------|-----------|-----------|-----------|-----------|-------------|
| <b>Calendar Days Lost</b> | 48.0      | 22.0      | 49.0      | 162.0     | 281.0       |

• **Total number of resident doctors that took sick days**

|                        | 2022-2023 | 2023-2024 | 2024-2025 | 2025-2026 | Grand Total |
|------------------------|-----------|-----------|-----------|-----------|-------------|
| <b>Number of Staff</b> | 8         | 12        | 18        | 30        | 68          |

• **Total number of sick days taken by resident doctors for mental health reasons**

| <b>S10<br/>Anxiety/stress/depression/other<br/>psychiatric illnesses</b> | <b>2022-<br/>2023</b> | <b>2023-<br/>2024</b> | <b>2024-<br/>2025</b> | <b>2025-<br/>2026</b> | <b>Grand<br/>Total</b> |
|--------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|
| <b>Calendar Days</b>                                                     | 8                     | 0                     | 16                    | 1                     | 25                     |

Mae Ymddiriedolaeth GIG Prifysgol Felindre yn hapus i dderbyn gohebiaeth yn y Gymraeg neu'r Saesneg.  
Velindre University NHS Trust is happy to receive communication in Welsh or English.



- **Total number of resident doctors that took sick days due to mental health**

| <b>S10<br/>Anxiety/stress/depression/other<br/>psychiatric illnesses</b> | <b>2022-<br/>2023</b> | <b>2023-<br/>2024</b> | <b>2024-<br/>2025</b> | <b>2025-<br/>2026</b> | <b>Grand<br/>Total</b> |
|--------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|
| <b>Calendar Days</b>                                                     | *                     | *                     | *                     | *                     | <6*                    |

\* Where the figure provided is less than 6, and where simple calculations could identify fields that contain less than 6, the Trust has applied an exemption under Section 40(2) (personal data) of the Freedom of Information Act 2000. This is because the Trust believes there is a potential risk of individuals being able to be identified if the figures were disclosed.

I trust this answers your request for information, however, should you not be satisfied with the information supplied or the process of supplying it, you have a right to complain and request a review. Please note that you must submit a request for a review within 40 days of the date of this letter.

You should forward your complaint to:

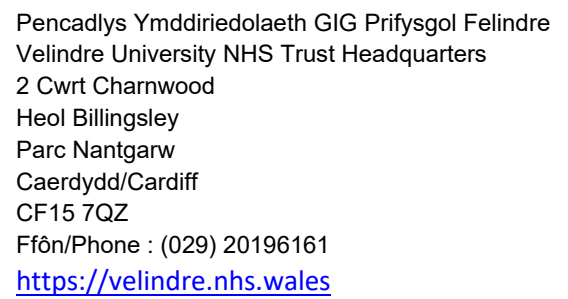
Mr Ian Bevan via [FOI.VUNHST@wales.nhs.uk](mailto:FOI.VUNHST@wales.nhs.uk)  
Head of Information Governance  
Velindre University NHS Trust  
2, Charnwood Court  
Heol Billingsley  
Parc Nantgarw  
Cardiff  
CF15 7QZ

Should you wish to take your complaint further, if you are still unhappy with the decision after review, you can contact the:

Information Commissioner's Office - Wales  
2nd Floor,  
Churchill House,  
Churchill Way,  
Cardiff,  
CF10 2HH  
Telephone: 0330 414 6421  
email: [wales@ico.org.uk](mailto:wales@ico.org.uk)

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**Non Gwilym**  
**Interim Director of Corporate Governance**  
Velindre University NHS Trust  
2 Charnwood Court  
Heol Billingsley  
Parc Nantgarw  
Cardiff  
CF15 7QZ

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